



ਕਿਤੇ Professions ਗੁਰਬਾਣੀ ਵਿੱਚੋਂ ਸ਼ਹਦਾਵਲੀ



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SMUGGLER – ਡਮਕਰ



- A smuggler is a person who engages in the illegal transportation of goods or people across borders or through prohibited areas.
- They typically take things illegally from one country to another without telling the government to avoid the custom duty or tax.
- Smugglers often use secretive methods to avoid detection, such as hiding the items in secret compartments or falsifying documents.
- The act of smuggling is considered a serious crime and can result in severe legal consequences, including imprisonment and fines.
- It's an illegal profession and it doesn't provide any good service to the community.

SMUGGLER – ਡਮਕਰ



- Make a group of 4-5 students and give them 10 minutes to discuss the following:
- What will smugglers do in following two scenarios:
- Country A:
 - Very strict laws against smuggling
 - Authorities are very alert and check everyone entering their country
 - Authorities don't take bribe from criminals
 - If authorities find the smuggler, they hand them over to police for investigation
- Country B:
 - Very lenient laws against smuggling
 - Authorities don't care who is bringing what into the country
 - Happy to take bribe, if they catch any smuggler and never hand them over to police for investigation.

SMUGGLER – ਤਸਕਰ

ਮਧੁਸੂਦਨੁ ਜਪੀਐ ਉਰ ਧਾਰਿ ॥

ਦੇਹੀ ਨਗਰਿ ਤਸਕਰ ਪੰਚ ਧਾਤੂ ਗੁਰ ਸਬਦੀ ਹਰਿ ਕਾਢੇ ਮਾਰਿ ॥੧॥ ਰਹਾਉ ॥

(ਰਾਗ ਭੈਰਉ - ਮ :੪ - ੧੧੩੪)

ਮਧੁਸੂਦਨੁ – Good Voice (which is sweet as honey)

ਦੇਹੀ ਨਗਰਿ – Mental Body

ਜਪੀਐ - focus

ਤਸਕਰ – Smuggler

ਉਰ ਧਾਰਿ – Deep inside heart

ਪੰਚ – Supreme

ਧਾਤੂ – Driver

ਗੁਰ ਸਬਦੀ – Message of Gurbani

ਹਰਿ ਕਾਢੇ ਮਾਰਿ - Good voice throws it away

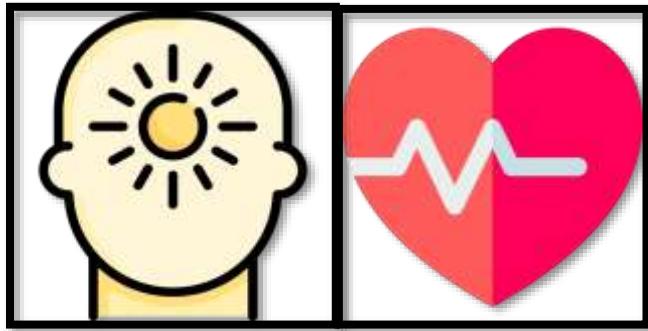
- What do you understand from the pankti above?
- Can you link it to the smugglers and authorities in physical world?

SMUGGLER – ਤਸਕਰ

ਮਧੁਸੂਦਨੁ ਜਪੀਐ ਉਰ ਧਾਰਿ ॥

ਦੇਹੀ ਨਗਰਿ ਤਸਕਰ ਪੰਚ ਧਾਤੂ ਗੁਰ ਸਬਦੀ ਹਰਿ ਕਾਢੇ ਮਾਰਿ ॥੧॥ ਰਹਾਉ ॥

(ਰਾਗ ਭੈਰਉ - ਮ :੪ - ੧੧੩੪)



ਮਧੁਸੂਦਨੁ ਜਪੀਐ ਉਰ ਧਾਰਿ ॥

Deep inside our heart we should stay focused on the voice of Jot or Good Voice within us.

ਦੇਹੀ ਨਗਰਿ ਤਸਕਰ ਪੰਚ ਧਾਤੂ ਗੁਰ ਸਬਦੀ ਹਰਿ ਕਾਢੇ ਮਾਰਿ ॥੧॥ ਰਹਾਉ ॥

In the mental body, the smuggler has brought through the stress, worries, anger, attachment, greed which have now become the supreme driver of my life. By following the Gurbani, my mind becomes alert, and it acts like good police to catch the smugglers of bad voice in me.

SMUGGLER – ਤਸਕਰ

What can I Learn from the example of smuggler:

- My mind is like a country or city and I need to protect it by staying alert and training the mind with the wisdom of Gurbani.
- If police in country or state is lazy or corrupt then smugglers bring in all the wrong things like drugs, guns, weapons, etc.
- Similarly when my mind isn't alert and not trained to fight the smugglers, then all the bad things like greed, anger, worries, stress will enter into my life.
- I need to regularly do path, kirtan and learn meanings of Gurbani to train my mind and kill the smugglers of bad habits in my life.

SMUGGLER – ਤਸਕਰ

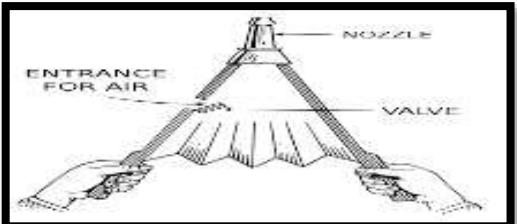
Assignment 1

<https://forms.gle/coX1cRDFXdoPJhql7>

Goldsmith – ਸੁਨਾਰਾ

- Ask kids to watch this video, before coming to the session
- https://youtu.be/xDE4vZkF_sw
- Kids should learn about the process and various tools used to make jewelry
- Kids should document what they have learnt. This will help them better understand the spiritual concepts Gurbani is guiding us through the example of goldsmith.

Goldsmith – ਸੁਨਾਰਾ



Bellows

- Goldsmiths have been around for thousands of years, and their craft has been highly valued in many cultures. In addition to creating ornamental pieces, goldsmiths may also repair damaged jewelry and work with other precious metals, such as silver and platinum.
- The process of converting raw gold into ornaments requires several steps. After the gold is melted down into a liquid form, it is poured into a mold to create a basic shape for the ornament. The gold is then cooled and polished to remove any imperfections or rough edges.
- Next, the gold is shaped into the desired design using a variety of tools, such as hammers, pliers, and shaping dies. Depending on the complexity of the design, this process may take several hours or even days to complete.
- Once the design is finalized, any gems or other embellishments are added to the piece. The goldsmith carefully sets each stone in place, taking care to ensure that it is secure and will not come loose over time.
- Finally, the piece is polished and finished to bring out its luster and shine. The finished product is a beautiful and unique work of art that can be worn or displayed for generations to come.
- All this work needs high level of **dedication, focus, skill and patience**.



hammer

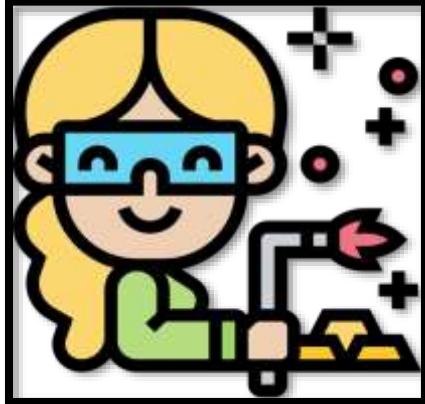


Shaping dies / Crucible



Anvil

Goldsmith – ਸੁਨਾਰਾ



- Make a group of 4-5 students and give them 10 minutes to discuss the following:
- What can we learn from the profession of goldsmith?
- What will happen if goldsmith loses the patience while doing the job?
- Nowadays lots of activities related to ornament design are done using machines. Do you think you will have the patience to spend days and weeks designing the piece of ornament?

Goldsmith - ਸੁਨਾਰਾ

ਜਤੁ ਪਾਰਾ ਧੀਰਜੁ ਸੁਨਿਆਰੁ ॥ ਅਹਰਣਿ ਮਤਿ ਵੇਦੁ ਹਥੀਆਰੁ ॥

ਜਪੁ ਜੀ ਸਾਹਿਬ : ੩੮

ਜਤੁ - Self Control

ਪਾਰਾ - Furnace



ਧੀਰਜੁ - Patience

ਸੁਨਿਆਰੁ - Goldsmith



ਅਹਰਣਿ - Anvil

ਮਤਿ - Understanding



ਵੇਦੁ - Scripture (Gurbani)

ਹਥੀਆਰੁ - Toolsets



- What do you understand from the pankti above?

Goldsmith - ਸੁਨਾਰਾ

ਜਤੁ ਪਾਰਾ ਧੀਰਜੁ ਸੁਨਿਆਰੁ ॥ ਅਹਰਣਿ ਮਤਿ ਵੇਦੁ ਹਥੀਆਰੁ ॥

ਜਪੁ ਜੀ ਸਾਹਿਬ : ੩੮



ਜਤੁ ਪਾਰਾ ਧੀਰਜੁ ਸੁਨਿਆਰੁ ॥

We should learn **self control** from **furnace** which keeps fire under control. Goldsmith teaches us the concept of **patience** as shaping gold is long process and needs lot of focus.



ਅਹਰਣਿ ਮਤਿ ਵੇਦੁ ਹਥੀਆਰੁ ॥

I need to make the **anvil** of my **current understanding** and then use the **tools** of **Gurbani's wisdom** to shape up my understanding and lifestyle.

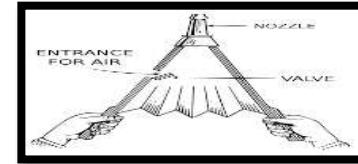
Goldsmith - ਸੁਨਾਰਾ

ਭਉ ਖਲਾ ਅਗਨਿ ਤਪ ਤਾਉ ॥ ਭਾਂਡਾ ਭਾਉ ਅੰਮ੍ਰਿਤੁ ਤਿਤੁ ਢਾਲਿ ॥

ਜਪੁ ਜੀ ਸਾਹਿਬ : ੩੮

ਭਉ - Love for Waheguru Jee

ਖਲਾ - Bellows



ਅਗਨਿ - Fire / Passion

ਤਪ - Controlling bad voice

ਤਾਉ - Warmth



ਭਾਉ - Love for all



ਅੰਮ੍ਰਿਤੁ - Good Voice

ਢਾਲਿ - Shape Up

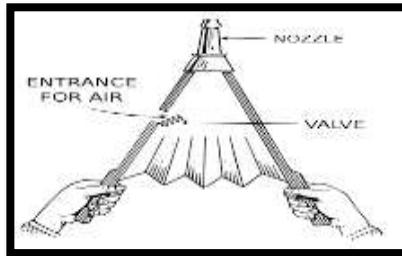


- What do you understand from the pankti above?

Goldsmith - ਸੁਨਾਰਾ

ਭਉ ਖਲਾ ਅਗਨਿ ਤਪ ਤਾਉ ॥ ਭਾਂਡਾ ਭਾਉ ਅੰਮ੍ਰਿਤੁ ਤਿਤੁ ਢਾਲਿ ॥

ਜਪੁ ਜੀ ਸਾਹਿਬ : ੩੮



ਭਉ ਖਲਾ ਅਗਨਿ ਤਪ ਤਾਉ ॥

Love for Waheguru Jee should become my **bellow** which **keeps blowing the wind** and keeps me motivated to follow Gurbani. I should have the **passion to control my bad voice**, which should generate **warmth** for humanity.

ਭਾਂਡਾ ਭਾਉ ਅੰਮ੍ਰਿਤੁ ਤਿਤੁ ਢਾਲਿ ॥

This will **shape** the mental **vessel** within me; the **vessel** that is made up of **love** and is filled with **message of good voice**, which never dies or fades away.

Goldsmith – ਸੁਨਾਰਾ

What can I Learn from the example of goldsmith:

- My mind needs to adopt the virtue of patience, focus and dedication from goldsmith.
- Becoming Gursikh is like a process of making ornaments from gold. Gold goes through the process of getting heated and then sculpted by various tools.
- Similarly Gursikh goes through the long process of reading, understanding and adopting the Gurbani in life. Each message of Gurbani, when adopted in life, shines like an ornament in Gursikh's life.
- I need to constantly keep working on mind – slowly but steadily, I need to keep shaping it and keep throwing bad habits to become Gursikh.
- Gurbani has used examples of many other professions to guide us on how to live ideal life. Visit the link below to learn about other professions referred in Gurbani:

<https://www.sikhteachings.com/glossaries/category/Professions>

Goldsmith – ਸੁਨਾਰਾ

Assignment 2

<https://forms.gle/2WTnWEWdwWhxZULWA>