

THE GAME OF LIFE



INTRODUCTION



1
I am 12 years old,
living in modern city
and go to one of the
best schools.



2
I perform good in
studies.



3
I have access to
all the latest
gadgets, toys and
technology.



INTRODUCTION



I obey my parents.

4



I have large group of
friends in school
and home.

5



INTRODUCTION

Despite all the good things I do think there are times, when I:



Feel upset that some of my friends do better than me in studies or sports



Feel I am the best and I don't need to improve any further and this feeling stops my growth



Sometimes **lie** to my parents / friends to hide my short comings



INTRODUCTION

Despite all the good things I do think there are times, when I:



Keep getting bored from my gadgets
very quickly and have **desire to
buy new ones**



Go out with my parents to market, I feel like
buying a new toy, **whether I need it or not**. I
become **annoyed** if I don't get this toy.

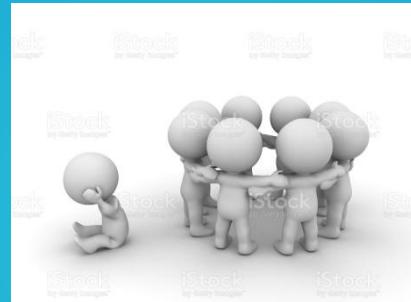


INTRODUCTION

Despite all the good things I do think there are times, when I:



Have developed **sense of possession** with all the belongings. This **stops me from sharing** with my friends and even siblings.



Feel that I will be **left out of the group** If I don't do what others are doing. I am constantly changing my outlook, language and behavior to 'Fit In'



Feel that kids who have less possessions than me are much happier and satisfied



INTRODUCTION

At times, I feel someone is telling me from inside that I can improve my behavior and react better in some situations but I don't know how to learn this.



I am not sure, who is talking to me from inside but I do feel that this voice at times is guiding me to do right things.



INTRODUCTION

I would love to learn how I can improve myself and Be Better ME.

Doesn't matter who we are and what part of the world or society we come from - hopefully, in some form and shape we all connect to the story of this kid – The emotions of Fear, Greed, Desires, Jealous, Anger, Attachment exist in all of us. The effect of these emotions may vary within us but we all get overcome by them at times.



WELCOME TO GAME OF LIFE