

FATHER DAY – GURMAT VIEWPOINT



Father's Day

**Celebration of Fathers,
honoring fatherhood,
parental bonds and role
fathers play in society**

https://en.m.wikipedia.org/wiki/Father%27s_Day



GURMAT

ਏਕੁ ਪਿਤਾ ਏਕਸ ਕੇ ਹਮ ਬਾਰਿਕ
ਤੂ ਮੇਰਾ ਗੁਰ ਹਾਈ ॥

Elevates the concept of Fatherhood and
provides me with wisdom to realize Universal
Father and bonding between all the beings.

ਤੂੰ ਸਾਝਾ ਸਾਹਿਬੁ ਬਾਪੁ ਹਮਾਰਾ ॥

if everyone in society realized JOT as it's
Father, then it develops harmonious society.



GURMAT

ਹਮ ਬਾਰਿਕ ਤੂੰ ਗੁਰੂ ਪਿਤਾ ਹੈ
ਦੇ ਮਤਿ ਸਮਝਾਏ ॥

Helps me understand, I have to encourage
myself and next generation to seek wisdom
from Pita – Jot.

ਹਰਿ ਜੀ ਮਾਤਾ ਹਰਿ ਜੀ ਪਿਤਾ
ਹਰਿ ਜੀਉ ਪ੍ਰਤਿਪਾਲਕ ॥

Guides me to be caring like Har Jee. The way
Har Jee cares for everyone – Nirvair and
beyond attachments.



LEARNING

As we celebrate Father's day and recognize their contributions, **let's not forget** to sit with our kids and have a dialog on:

- 1) Pita Parmeshar and how **we are all it's beings.**
- 2) How connecting to Har Jee Pita, helps us **create harmonious society.**
- 3) How to be **Nirvair** like Har Jee and care for all – **beyond attachments.**

